

## The Mental Health and Wellbeing of Young People

### Young people and mental health: A psychosocial model for education

#### *Critical Psychology and Education (CCPE) and ihuman*

12th. June 2019

Following our Evaluation of the *Healthy Minds Framework (HMF)*, an intervention in Sheffield Schools delivered by Sheffield CAMHS (Billington, Fogg, Lahmar and Gibson, 2019), CCPE and ihuman welcomed invited participants from the Faculty of Social Sciences, Sheffield City Council, Sheffield NHS Children's Foundation Trust and Sheffield CAMHS to a day in which our aims were to consider and debate:

- psychosocial models of mental health for young people in education
- potential Knowledge-Exchange partnerships (KEF) to support children and young people's mental health in educational settings

The two Keynote presentations were delivered by

Greg Fell, Director of Public Health, Sheffield City Region (*Wellbeing in Public Policy*) and

David Pilgrim, Professor of Health and Social Policy, University of Southampton (*Power, Threat, Meaning Framework* - Division of Clinical Psychology, British Psychological Society).

Other speakers were:

Tom Billington, Professor of Educational and Child Psychology, University of Sheffield (*Evaluation of the Healthy Minds Framework (HMF) for Schools*)

Gillian Hardy, Professor of Clinical Psychology, University of Sheffield (*Education Mental Health Practitioners*)

Dr. Katherine Easton, University of Sheffield (*Assistive Technologies and Mental Health*)

Dan Goodley, Professor and co-Director of *ihuman* and Katherine Runswick-Cole, Professor of Disability Studies, University of Sheffield (*The Social Model of Disability and Mental Health*)

Dr. Muna Abdi, Sheffield Hallam University (*Changing Identities in Turbulent Times: Exploring Four Young Somali Men's Experiences of Identity and Belonging*) (ESRC and University of Sheffield)

Dr. Penny Fogg, DEdCPsy professional training programme, University of Sheffield (*Re-storying Vulnerability: Young People's Stories of Hard Times*)

Deirdre McConnell, Co-ordinator of Emotional Trauma Support, One Education, Manchester City Council and PhD researcher, University of Sheffield (*Developing Mental Health Services in Schools*)

There were question and answer sessions and a plenary in which potential future work / collaborations were discussed.