How trial teams can use STEP UP recommendations to support diversity in clinical trials

This infographic shows a summary of STEP UP's recommendations, designed to help improve the accessibility of clinical trials for groups under-served by research.



Trial teams must accurately reflect patient populations in clinical trials.

They may choose to:

- Conduct equality impact assessments
- Include sites located in under-served areas
- Use baseline data to inform ongoing site selection
- Widen inclusion criteria where possible
- Use alternative recruitment pathways

How could implicit eligibility criteria, such as the expectation to speak English, impact diverse participation in trials?





Working with people who have lived experiences of conditions is invaluable, but trial teams should also strive to engage with groups who are under-served by research.

They may choose to:

- Include the perspectives of under-served groups in patient and public involvement initiatives from the design stage
- Build relationships with communities under-served by research.

How can trial teams provide value to a community outside of a clinical trial?



COMMUNICATION

Trial teams should use effective communication to build trusting relationships with under-served groups and to reduce power balances.

They may choose to:

- Use simple, easy-to-understand language
- Tailor communications to the needs and preferences of different groups
- Use videos to supplement clinical trial materials in different languages if needed
- Ensure interpreters are available to translate throughout the trial
- Would the use of 'easy-read' materials help

Share trial outcomes with participants

encourage greater participation from people with learning disabilities?







flexibility as possible throughout the trial. They may choose to:

Trial teams should try to implement as much

- Provide flexibility in recruitment methods
- Consider alternative delivery methods
- Be flexible with times for clinic visits Consider alternative incentives

Could the trial intervention be delivered more locally to the participant, such as in community venues or local GPs?



RESEARCHER TRAINING AND HIRING STRATEGIES

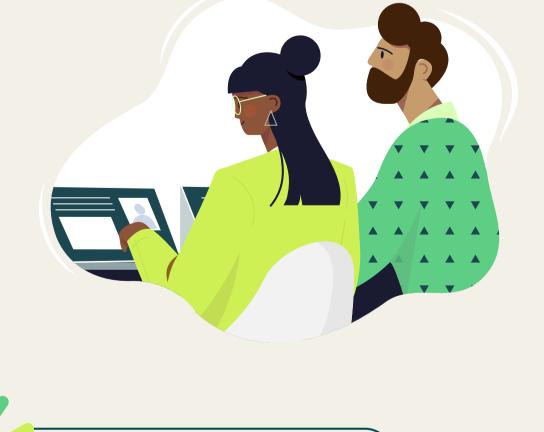
of the impact of racism, prejudice, and ableism in healthcare. **Trial teams should:**

Be provided with cultural competency training

- Have a diverse range of backgrounds
- Be confident in communicating with patients who
- have disabilities

How can trial teams build on their knowledge

of racism to reduce implicit bias?





Trial teams should ensure data is collected and shared in a way that promotes flexibility and trust

DATA COLLECTION

Trial teams may choose to:

with under-served groups.

by friends or relatives

- Collect demographic data of potential, lost, and current participants Identify trends to better understand why
- people from under-served groups drop out Allow different methods of data collection
- throughout the trial Allow for proxy completion to be carried out
- Consider sub-group analysis

How can alternative methods of data collection enable people with disabilities to participate in clinical trials?

These recommendations are based on the findings of STEP UP. For more information about each recommendation, and to learn more about their considerations for implementation, please read the full report.