

Evidence appraisal and discussion

Type of evidence: e.g. Research paper, guideline, podcast, webinar

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Title and where to access it:

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Author/Presenter:

What is their role? e.g. Clinician / academic.....

Key features:

Focus of evidence: (e.g. Type of MSK condition, treatment techniques, patients' perspectives)

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Relevance to your clinic setting:

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If not a research paper or guideline what evidence is it based on? e.g. expert opinion, personal experience, are references given?

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Key messages:

1.
2.
3.

Clinical relevance

Is it reliable?

Yes

No

Why?

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Does it fit with your current thinking/decision making?

Eg. Does it fit with your current practice, does it make sense to you, does it fit with other knowledge you use to inform your decision making eg. experience, protocols, policies and procedures, colleagues, patient views, etc.

Do you have the skills to use it or do you need training?

Which type of patients is it suitable for?

Should/could you use it in your practice?

Yes

No

Why?

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