

Quantification of Natural Moisturising Factors at the skin surface using a portable infrared spectrometer device: a pilot calibration model

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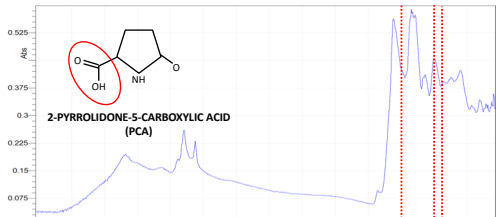
John Chittock, Kirsty Brown, Michael J. Cork and Simon G. Danby

Sheffield Dermatology Research, The University of Sheffield UK

AIM: To combine Infrared Spectroscopy with chemometric analysis to model surface Natural Moisturising Factor (NMF) levels *in vivo*

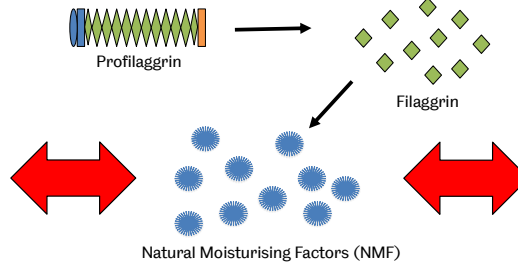
NMF is a biomarker of *FLG* status¹ and skin dryness². *FLG*-related Atopic Dermatitis (AD) is associated with more severe / persistent disease³

1) *In vivo* Fourier Transform Infrared Spectroscopy (FTIR)

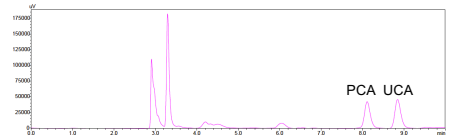


FTIR spectra of skin showing NMF carboxylate signal (red) at 1600,⁴ 1410⁵ and 1340cm⁻¹ wavenumbers

CURRENT METHODS OF NMF QUANTIFICATION



2) *Ex vivo* Laboratory analysis of tape strips

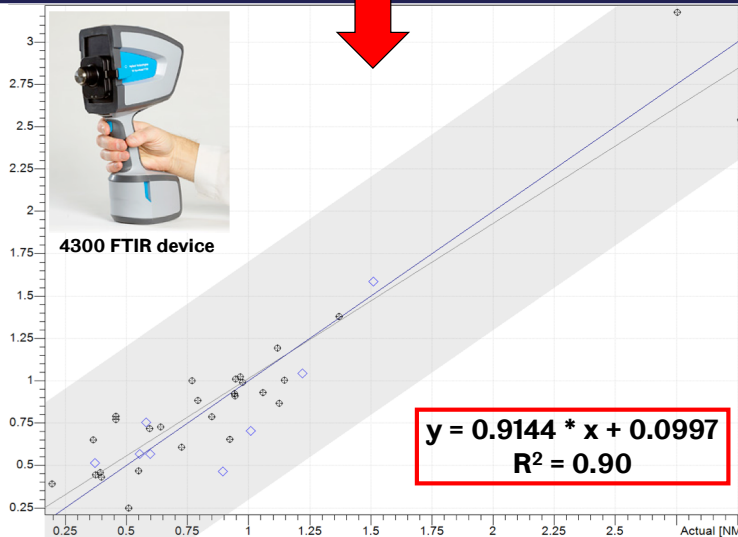
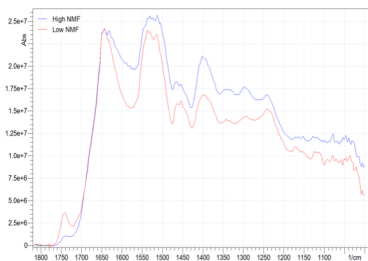


- Isocratic elution of 2-Pyrrolidone-5-Carboxylic acid (PCA) and Urocanic acid (UCA) in potassium phosphate pH2.5 by HPLC monitored at 210 and 270nm⁶
- Free amino acids (FAA) quantified by o-phthalaldehyde derivitisation⁷

PARTIAL LEAST SQUARES REGRESSION MODELLING

OF *in vivo* FTIR vs *ex vivo* TAPE STRIPPED NMF LEVELS

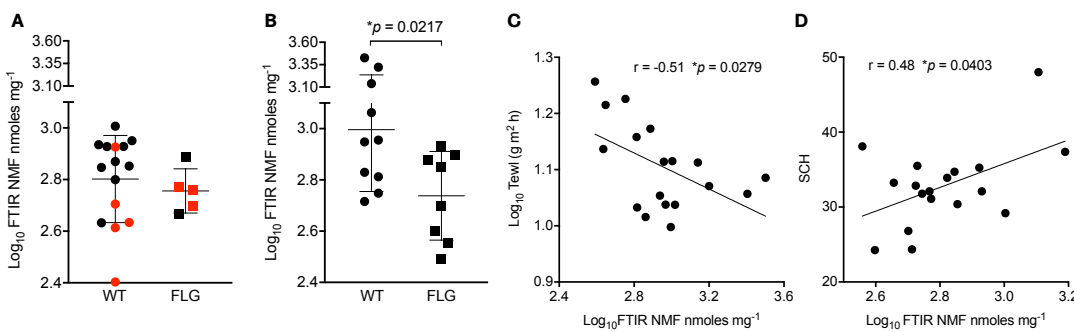
- 4300 FTIR device equipped with 2-bounce, 3-pass accessory and cooled MCT detector (Agilent, USA)
- Mid infrared region 1710-1185cm⁻¹ modelled
- Chemometric analysis performed using MicroLab expert (Agilent, USA)



- 10 healthy and 12 AD patients
- UK working party criteria⁸ and EASI⁹ used for AD diagnosis and severity
- 2x FTIR spectra collected from the forearm and antecubital fossa
- Tape strips (TS) 1-3 collected in duplicate and analysed *ex vivo* for NMF levels
- NMF (nanomoles / mg) = the sum of PCA, UCA and free amino acids (FAA) normalised to mg of SC removed (squamescanner device)¹⁰

Panel 1: Modelling surface NMF at the cubital fossa using IR region 1710-1185cm⁻¹.
 Left panel: Spectral variation due to high and low NMF. Right panel: Partial least squares regression of FTIR vs TS NMF levels

MODELLED NMF VALUES CORRELATE WITH *FLG* GENOTYPE, SKIN DRYNESS (CORNEOMETRY) AND TEWL



Panel 2: FTIR NMF modelling at the antecubital fossa surface in (A) AD and (B) Healthy subjects with and without (WT) a *FLG* mutation. Subjects with active lesions are highlighted in red. All participants were genotyped for the 5 most common European *FLG* mutations: R501X, 2282del4, R2447X, S3247X and 3702delG.¹¹ Modelled FTIR NMF levels correlated with (C) barrier function and (D) stratum corneum hydration in healthy subjects. Capacitance and TEWL were measured using a corneometer (C&K, Germany) and AquaFlux evaporimeter (Biox, UK). Log₁₀ values were calculated to generate more normal distributions

CONCLUSIONS

- FTIR combined with chemometric analysis is well suited for the instantaneous *in vivo* quantification of NMF at the skin surface
- Further model validation in larger cohorts is required
- The use of a portable FTIR device makes this methodology suitable for any clinical setting
- *In vivo* quantification of NMF provides information on the inherited¹ and acquired¹² *FLG* deficiency, and may inform long term clinical treatment strategies in AD

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