

# Mesothelioma and Palliative Care

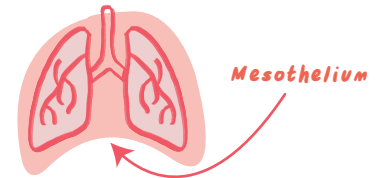
The U.K is the global leader in mortality rates:

# 2,500

people per year are diagnosed with **MESOTHELIOMA**



Mesothelioma is a form of **cancer that affects the mesothelium**, predominantly caused by asbestos exposure.



**Prognosis is poor**, with **1 and 3 year survival rates** around **40% and 10% respectively**. As mesothelioma is an industrial disease all deaths must be referred to the coroner.



**As a result, palliative care is important to discuss with mesothelioma patients early, to help them live as well as possible, for as long as possible. Patients can still receive active treatment too.**



### Plans should be made early.

Should patients experience a sudden deterioration, they will benefit from having a palliative care plan in place.



### Mesothelioma Clinical Nurse specialists

have expertise in palliative care and can help you support patients in making plans.

## Delivering Palliative Care

Everyone has a role to play in providing effective palliative care to mesothelioma patients.



Generalist palliative care is provided by **GPs & District nurses**



**Hospital consultants** have some input into generalist palliative care



**Mesothelioma CNSs or the Lung Cancer Team** provide generalist and some specialist palliative care, and mesothelioma specific advice



Advice and support for more complex needs are available from **specialist palliative care teams**

## Further information and resources

**Mesothelioma is a rare form of cancer - so don't be afraid to ask for help!** To ask questions and find out more, speak to your local mesothelioma clinical nurse specialists or respiratory team or visit:



**Mesothelioma UK**  
[mesothelioma.uk.com](http://mesothelioma.uk.com)



**Mesothelioma UK support line**  
0800 169 2409



**Mesothelioma for professionals**  
[mesothelioma.uk.com/for-healthcare-professionals/](http://mesothelioma.uk.com/for-healthcare-professionals/)

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