

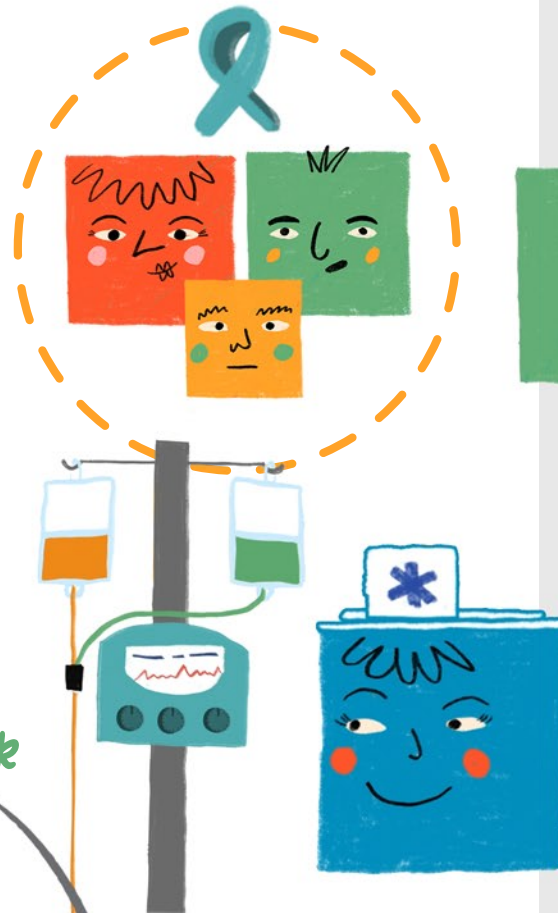
What is Palliative Care?

Living with mesothelioma means that palliative care will be discussed with you at some point in your treatment journey. Whilst we recognise it can be scary, we want to demystify palliative care to help you make informed choices.

Palliative care is a holistic approach to ensuring that you and your loved ones get the best quality of life possible whilst living with mesothelioma. Many people have palliative care for years to live well with their physical and psychological symptoms.

It can also run alongside, not instead of, active treatment like chemotherapy. You will continue to be supported by your specialist care team. Mesothelioma UK has a team of specialist mesothelioma nurses available for support. You can contact them on: **0800 169 2409** or email support@mesothelioma.uk.com

Don't be afraid to ask for palliative care



Why should you consider palliative care?

Palliative care will help you feel in control of your treatment options, and give you practical solutions to help you and your family live better with cancer.



When could you get palliative care?

As early as possible. The earlier you start, the sooner you have a plan of action to deal with the challenges that mesothelioma can bring.

Where could you get palliative care?

There are lots of different places to receive palliative care from hospitals to hospices, through to your very own home. And it is not only you that gets support, your family and loved ones are part of the palliative care package too.



Call the Mesothelioma UK support line
0800 169 2409

Marie Curie
mariecurie.org.uk | 0800 090 2309

Macmillan Cancer Support
macmillan.org.uk | 0808 808 0000

Find out more at
mesothelioma.uk.com/palliative-care

