

Weekly Plan Pad

SHARPEN
YOUR SKILLS
DEVELOP
YOUR MIND

301

Starting your week with a clear focus can help you to schedule in activities to successfully reach your goal and stay on target.

It can be helpful to visualise your time in blocks. Filling in scheduled study, work, and hobbies will give you an idea of where you can find gaps for your independent study, and can be a useful starting point for planning your time on a week-to-week basis.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am-	6am-	6am-	6am-	6am-	6am-	6am-
7am-	7am-	7am-	7am-	7am-	7am-	7am-
8am-	8am-	8am-	8am-	8am-	8am-	8am-
9am-	9am-	9am-	9am-	9am-	9am-	9am-
10am-	10am-	10am-	10am-	10am-	10am-	10am-
11am-	11am-	11am-	11am-	11am-	11am-	11am-
12pm-	12pm-	12pm-	12pm-	12pm-	12pm-	12pm-
1pm-	1pm-	1pm-	1pm-	1pm-	1pm-	1pm-
2pm-	2pm-	2pm-	2pm-	2pm-	2pm-	2pm-
3pm-	3pm-	3pm-	3pm-	3pm-	3pm-	3pm-
4pm-	4pm-	4pm-	4pm-	4pm-	4pm-	4pm-
5pm-	5pm-	5pm-	5pm-	5pm-	5pm-	5pm-
6pm-	6pm-	6pm-	6pm-	6pm-	6pm-	6pm-
7pm-	7pm-	7pm-	7pm-	7pm-	7pm-	7pm-
8pm-	8pm-	8pm-	8pm-	8pm-	8pm-	8pm-
9pm-	9pm-	9pm-	9pm-	9pm-	9pm-	9pm-
10pm-	10pm-	10pm-	10pm-	10pm-	10pm-	10pm-

This weeks
focus:

To do list:

<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

Achievements:

Doodles and scribbles: