

# Peer supervision



Planning for effective group work

9<sup>th</sup> March 2022



# Roles in Peer supervision

- Supervisee
- Practitioner
- Group member
- Co-supervisor

(from Proctor and Inskipp, 2001)



# Levels of agreement and alliances

## Proctor and Inskipp (2001)

- The professional contract
- The group working agreement
  - agreements that need to be negotiated to forge a working alliance)
- Session agenda
  - the specific agreement at the beginning of each session)
- Mini contract for a particular piece of supervision



# The professional contract

- What accountability is expected of participants?
- Code of ethics and code of practice
- Confidentiality in context
- Overall ratio of supervision to contact hours
- Participants' rights, responsibilities, and lines of communication with all employers



# The Group Working Agreement

- Working arrangements

- time allocation
- method of presenting
- pattern of sessions
- Review

- Ground rules

- Individual responsibility of participants to identify their learning needs and what helps them
- confidentiality



# Session agenda

- Agreement made at the beginning of each session about what will be covered in time available
  - guided but not constrained by the group working agreement



# What happens within the session

- Up for negotiation-supervision of supervision
- Influenced by your orientation/context/aims
- As informal/formal as the group finds helpful
- Contract/PBL must be included over duration of the group



# The task today

- To split into your peer groups
- To discuss these arrangements and the issues we have covered
- To begin to make a group supervision contract- guidance in the ISW pack
- This contract should be completed at second peer group meeting and copy kept for your portfolio



# A word about your PBL exercise

- You could fill all your time as a peer group working to meet the demands of the exercise
- But...this means that you won't really be functioning as a supervisory peer group
- So we want you to *put limits* around your input regarding solely meeting the Portfolio expectations.



# Further meetings

- It is suggested that you meet your peer groups approx 4 times prior to Day 4
- To integrate both the PBL exercise and to experience supervising as a groups
- Day 4 and beyond?