

PERSONAL STATEMENT PLANNING

I want to study:

My predicted grades are:

Use this worksheet to help you research and prepare. Feel free to skip over any points which do not apply to you but do your best to answer as much as possible.

RESEARCH

What skills are required for your course?

Is there any specific experience required?

What excites you about the subject?

3 SECTIONS

Q1: Why do you want to study this course?

Motivations:

Subject Knowledge:

Future Plans (if applicable)

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Providing Evidence

This year I will:

Q2: How have your qualifications and studies helped you to prepare for this course or subject?

Your current and previous studies:

Transferable skills:

Educational achievements

Q3: What else have you done to prepare outside of education, and why are these experiences helpful?

Work experience, employment or volunteering:

Personal life experiences:

Hobbies and Extracurriculars:

Achievements outside of school

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Reminder to myself:

WRITING

Once you know what you want to write about, apply the ABC method - it provides a clear structure for discussing your experiences by first describing an Action, then detailing the Benefit, and finally connecting it to the Course.

ACTIVITY What you did	“In Year 12 I completed a research project on the role of women during WW1 in Britain”
BENEFIT Skills or knowledge you gained	“As well as providing me with historical knowledge, I was able to develop my research, communication and analytical skills”
COURSE Connect the skills and knowledge from the benefit stage to the course you are applying for	“During my research project, I did an in-depth analysis of my research findings and then wrote a 2,000-word essay. This will serve me well for studying a History degree, where I will need to write regular analytical essays as well as carry out my own research”

TOP TIPS

- Proofread (several times and also after each edit), ask family and friends to proofread for you
- Be enthusiastic and positive throughout – don’t be afraid to show your best self!
- Link your examples to the course as much as possible
- Maximise all your characters! You have 4000 characters across 3 sections
- DO NOT PLAGIARISE! Your application may be rejected if you copy any element of someone else’s personal statement – current or previous