

Patient information - Provision of tirzepatide for weight loss in South Yorkshire

1. What is tirzepatide (Mounjaro®)?

Tirzepatide is an injection that mimics gut hormones, helping you feel full and is prescribed to help with weight loss and diabetes management. It should accompany a healthy diet and physical activity plan, known as "wrap-around care" to ensure you are getting the right nutrients and to prevent muscle loss.

2. When can I access tirzepatide for weight loss from my GP practice in South Yorkshire?

We are working rapidly to implement a pathway to support eligible patients to access treatment from a primary care setting. Once the drug is available, it will be prescribed on a staged basis. Follow the link at the bottom of the page for any updates.

3. Who will be eligible for tirzepatide?

The first group of people eligible under the national criteria are:

- People who have a Body Mass Index (BMI) of 40 or more
- People from certain minority ethnic family backgrounds with a BMI of 37.5 or more

AND have at least four of the following long-term conditions:

1. Type 2 diabetes
2. High blood pressure (Hypertension)
3. Abnormal blood fats (Dyslipidaemia)
4. Heart disease
5. Obstructive sleep apnoea (when your breathing stops and starts while you sleep)

For more information regarding tirzepatide and what other weight management support is available in South Yorkshire
Please visit: <https://southyorkshire.icb.nhs.uk/your-health/nices-announcement-tirzepatide-frequently-asked-questions-patients>

Alternatively, you can scan the QR code.

