

Sept 25

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| F2F (mandatory attendance) | This is a face to face session on campus. |
| Live Session (mandatory attendance) | This is a live online learning session that takes place at the time indicated in the timetable. |
| Recorded Session | This is a session that has been pre-recorded for the student to watch. |
| Freshers Week | |
| Reading Day/Study Day/Reflection time | This is where the student will access resources as indicated in the timetable and complete any tasks and activities as required. These will be colour coded blue. |
| Academic Skills and Digital Capability for Healthcare (HES 122) | These are core sessions that are essential for this module, so will be colour-coded purple |
| Anatomy & Physiology (HES 123) | These are core sessions that are essential for this module, so will be colour-coded yellow. |
| Foundations in Health and Nursing 1 (HES106) | These are core sessions that are essential for this module, so will be colour-coded pink. |
| Foundations in Health and Nursing 2 (HES107) | These are core sessions that are essential for this module, so will be colour-coded grey. |
| Professional Practice Year 1 (HES 102) Clinical Skills Sessions & Placement. | These are mandatory sessions and essential to the students placement and MYEPAD assessment. For all clinical skills sessions the students will be expected to wear their clinical uniform unless informed otherwise. These will be colour coded orange. |
| Wellbeing Sessions | These will be running on Wednesday afternoons between 12.30-14.30 all students are invited. Students can use the time to join in wider university activities, sports, and social events. Some sessions will be mandatory to help prepare for assessments and placement. |

Week 1: (w/c 22nd Sept 25)

| Date | Time | Session |
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| Monday 22nd September 2025 | 09:00-09:50 room booked | HES106: Introduction to Part 1 of the programme and meeting the faculty. Icebreaker |
| | 10:00-10:50 | HES102: Information regarding uniform, DBS and occupational health |
| | 11:00-11:50 room booked | HES106: Safe Zone & campus security |
| | 12:00-12:50 | Lunch |
| | 13:00-13:30 room booked | HES106 Personal safety and SYP (TBC) |
| | 13:30-14:30 room booked | HES106 Module introductions for HES106, 122 and 123 |
| | 14:30-15:50 | Freshers activities |
| Tuesday 23rd Sept 2025 | 09:00-09:50 1 room booked for AM | HES122: My Digital Induction (You will need your Laptop / electronic device for this session) e-learning for health |
| | 10:00-10:50 | HES122: My Digital Induction (You will need your Laptop / electronic device for this session) e-learning for health |
| | 11:00-11:50 | HES122: My Digital Induction (You will need your Laptop / electronic device for this session) e-learning for health |
| | 12:00-12:50 | Lunch |

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| | 13:00-13:50 1 room booked for PM | HES102: Introduction to module, clinical skills.net and Practice Partners to present information about their trusts, with an opportunity for you to ask questions, prior to ranking your placement preferences. |
| | 14:00-14:50 | HES102: Introduction to module, clinical skills.net and Practice Partners to present information about their trusts, with an opportunity for you to ask questions, prior to ranking your placement preferences. |
| | 15:00-15:50 | HES102: Introduction to module, clinical skills.net and Practice Partners to present information about their trusts, with an opportunity for you to ask questions, prior to ranking your placement preferences. |
| Wednesday 24th Sept 2025 | 08:45-16:00 | <p>Occupational Health 1st Appointment - Please attend as per your appointment time - Please note you must attend, or this could delay you starting placement and you may be required to back school!</p> <p>There will also be time for you to complete your self directed learning which needs to be completed by Today 5pm. You will not be allowed onto the face to face sessions without having completed your eLearning.</p> <ul style="list-style-type: none"> • ELfH - Moving and Handling Level 1 • ELfH - Moving and Handling eAssessment Level 2 • ELfH - Resuscitation Level 1 • ELfH - Resuscitation Adults Level 2 |
| Thursday 25th Sept 2025 | 09:00-15.50 | Freshers activities |
| Friday 26th Sept 2025 | 09:00-15.50 | Freshers activities |

Week 2 (w/c 29th Sept 25)

| Date | Time | Session |
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| Monday 29th Sept 2025 | 09:00-09:50 1 room booked | HES122: Intro to ELTC/DDSS and student support officer ,Skills Audits for Maths and Stats and 301 Study Skills intro |
| | 10:00-10:50 1 room booked | HES123: Module outline recap from week 1 Anatomical Directions |
| | 11:00-11:50 | HES123: Anatomical Directions |
| | 12:00-12:50 | Lunch |
| | 13:00-13:50 room booked | HES123: Homeostasis (with midwives) |
| | 14:00-14:50 room cancelled | HES106: Consent conversation (With midwives) You will need your laptop or electrical device and headphones for this session. |
| | 15:00-15:50 room cancelled | HES106: Race equality e- learning |
| Tuesday 30th September 2005 | 09:00-10:50 room booked | HES123: Cell Biology |
| | 11:00-11:50 room booked | HES106: RCN talk |

| Date | Time | Session |
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| | 12:00-12:50 | Lunch |
| | 13:00-13:50 room booked | HES106: Unison talk |
| | 14:00-14:50 room booked | HES106: Students Union, student services, student voice and society |
| Wednesday 1st October 2025 | 09:00-10:50 room booked | HES106: NMC and accountability (with midwives) |
| | 11:00-11:50 RB | HES106: Introduction to mindfulness and wellbeing |
| | 12:00-14:30 | Wellbeing afternoon/freshers activities All resources will be available on Blackboard to allow flexibility and access to all. |
| Thursday 2nd October 2025 | 09:00-09:50 RB | HES106: Module outline recap from week 1 Communication |
| | 10:00-10:50 RB | HES106: Communication |
| | 11:00-11:50 RB | HES106: Communication |
| | 12:00-12:50 | Lunch |

| Date | Time | Session |
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| | 13:00-13:50 RB | HES122: MySkills and Graduate Attributes throughout all modules |
| | 14:00-15:00 RB | HES106 Meet personal tutor (face to face or online) |
| | 15:00-15:50 RB | HES106: Reporting sickness and absence during theory. |
| Friday 3rd October 2025 | | HES123: Self directed MSK flipped learning. |

